



# Coventry Farms NEWS

Summer 2008

## A BUSY SUMMER AT COVENTRY FARMS!

Coventry Farms is bustling this summer. We have all day Horse Camps, Mini-Camps for Young Riders, Mini-Camp for Therapeutic Riders, Birthday Parties and an increasing number of both English and Therapeutic Riding lessons. Many Coventry riding students have participated in local Schooling Shows and our Show Riders are competing nearly every weekend this summer. Coventry also hosted a CHJA Horse Show at Plum Creek Hollow earlier in June. And there is much more to come! It's a busy and fun summer for everyone!

## WHO'S WHO?? OUR RIDING INSTRUCTORS

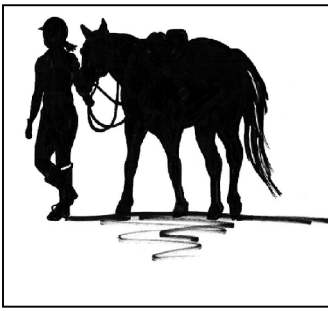
**ALEXIA NESTORA** currently teaches intermediate and advanced riders at Coventry during the week and coaches students at horse shows on the weekends. She has been at Coventry for the past 6 months. Alexia started riding when she was 6 years old in New York State where she grew up. She attended Georgetown University and spent time competing in Europe. She enjoys watching her students, both kids and adults improve their riding skills with each lesson. She is married to Patrick and plans to start law school this fall.



**PAULA QUILLEN** teaches beginner and intermediate English riding lessons and is the therapeutic riding instructor for The Right Step at Coventry. She is certified through the North American Riding for the Handicapped Association (NARHA) and with Equine Assisted Growth and Learning Association (EAGALA). Paula has owned and bred horses for more than 35 years and is passionate about giving the gift of freedom to her students through horses.



**BETH YUHASZ** has been at Coventry for the past few years and teaches beginner and intermediate flat and jump classes on Saturdays and on Monday/Tuesday evenings. Beth is a lifelong horseback rider and horse owner. She tries to challenge her students in each lesson while having fun at the same time. She currently works as a caseworker for senior citizens in home care.



# THE RIGHT STEP

## at Coventry Farms

### THE RIGHT STEP GROWS AND GROWS!

The Right Step Therapeutic Riding Program now has 35 students taking weekly riding lessons and nearly 80 trained volunteers! With the increase in the number of students, we have had to expand our therapeutic schedule to include lesson times throughout the week. Each and every lesson is a magical experience for everyone involved --- the riders, the parents, the volunteers and the instructor! We have seen tremendous growth and development in all of our students. We are immensely appreciative of all the time and effort that the many volunteers have contributed to make the program successful! We welcome anyone and everyone to observe the therapeutic classes at anytime.



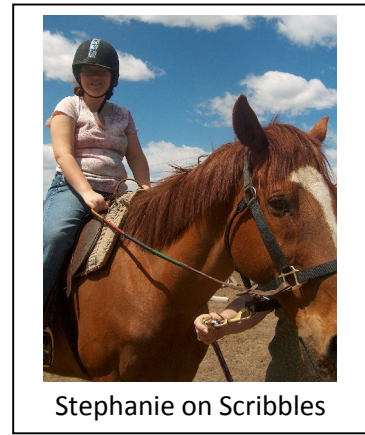
*Opening Day: Our first therapeutic student, Hannah, with her volunteers, Paula, and Vinny!*

### What is Therapeutic Riding?

Therapeutic Riding involves the use of the horse and equine-oriented activities to achieve a variety of therapeutic goals, including cognitive, physical, emotional, social, educational and behavioral goals. More information about therapeutic riding is available through the North American Riding for the Handicapped Association ([www.narha.org](http://www.narha.org)).



Beth on Grace



Stephanie on Scribbles



Blake on Riley

**The next VOLUNTEER TRAINING is  
Sunday, August 24, 12-2pm.**

**PLUS: 2-2:30pm -- A brief lesson in  
American Sign Language!**

*(open to anyone who is interested in ASL)*

**For more information about The Right Step:  
Alison at 720-206-9749 or [alilou3@msn.com](mailto:alilou3@msn.com)  
Sheryl at 303-904-7261 or [xsap@aol.com](mailto:xsap@aol.com) .**



## CONGRATULATIONS TO OUR COMPETITIVE SHOW RIDERS!

Coventry's Competitive Show Riders have had an enormously successful show season this summer! There are far too many results to list! Here is a mere sampling of the results from recent shows:

At the Colorado Summer Classic I (June 18-22), **KAYTIE RYAN** on Chinook placed 1<sup>st</sup> in the Future Jumper 2'3"-2'6" and in the Horse Sportif Future Jumper Classic. Kaytie also placed 1<sup>st</sup> in the Future Jumper 2'3"-2'6" at the Colorado Summer Classic II (June 25-29, 2008). **MEAGHAN CROWLEY** and China's Rose earned the Blue Ribbon in the Large Junior Hunter (15 & under)

**ELIZABETH GEISE** took 1<sup>st</sup> on Made in China in the Children's/Adult Amateur Jumpers - 1.10M - Level 3 at the High Prairie Spring Classic (May 15-18). At the Colorado Summer Classic I, Elizabeth placed 2<sup>nd</sup> in both the Low Children's Jumper Level 1 and Jumper Level III .

**KATHRYN CLARK** rode Excelsior to 1<sup>st</sup> place in the Level II Jumper and Level III Jumper classes at the Colorado Summer Classic II (June 25-29, 2008). Kathryn also earned 2<sup>nd</sup> place in the Adult Amateur Jumper Level III event. Riding Arbitrage, Kathryn placed 2<sup>nd</sup> in the Low Junior-Amateur Owner Jumpers (1.30M) at the Colorado Circuit Preview (July 3-6, 2008).

At the High Prairie Spring Preview (May 8-11), **CLAIRE HERTEL** and Everlasting Moonlight came in 3<sup>rd</sup> in the .85M Jumpers and the .90M Jumpers and **CHELBY RYERSON** placed 6<sup>th</sup> in the Low Children's-Adult Amateur Jumpers-1.05M.

**MAURA MACK** and Bergerac placed 2<sup>nd</sup> in the Future Jumper 2'3"-2'6" class at the Colorado Summer Classic II. **KRISTIN JOST** on Halston took 3<sup>rd</sup> place in both Low Children's Jumpers L1 and Level I Jumpers. **MEGAN KEPPLER**, riding Downtown, earned 2<sup>nd</sup> place in the Level III Jumpers at the Colorado Summer Classic II. At the Colorado Circuit Preview (July 3-6, 2008), Megan placed 2<sup>nd</sup> in the Low Children's Jumpers (1.05M) and 3<sup>rd</sup> in the Children's Jumpers (Level 3).

**EMILY MCCONNELL** earned several 1<sup>st</sup> place ribbons at this summer's horse shows. Her wins included the 1.25M Jumpers riding Leon D'Or and the Junior Amateur-Owner Jumper Classic - 1.35M - Level 7 and Small Junior Hunter on Halston. Emily's sister, **AMANDA**, also placed 1<sup>st</sup> in numerous events throughout the summer including 1.3M Jumpers, Low Junior-Amateur Owner Jumpers - 1.30M, Junior Amateur-Owner Jumper (Level 5), Children/Adult Amateur Jumper Classic, and the Riders Choice High Prairie Mini-Prix-1.35M. KRIS has also competed and placed in many events on Leon D Ore including 2<sup>nd</sup> and 3<sup>rd</sup> places in the 1.25M Jumpers at at the Colorado Circuit Preview (July 3-6, 2008).

**CONGRATULATIONS!! CONGRATULATIONS!! CONGRATULATIONS!!**

### Coventry Contact Information

***NOTE: Alison Weems, Program Coordinator, will be out of town July 19-August 15, 2008.***

- General questions: Dan or Joyce Brost at 303-794-3052
- Business matters, horse care: Jim McConnell at 720-343-0783
- Advanced competitive show riding: Kris McConnell at 720-343-0780
- Intermediate/adv lessons & horse shows: Alexia Nestora at 303-898-3376 or [alexia@lassocommunications.com](mailto:alexia@lassocommunications.com)
- Beginner/intermediate lessons: Beth Yuhasz at 720-270-3091
- Beginner and Therapeutic lessons: Paula Quillen at 303-877-0371
- The Right Step (volunteers & lesson scheduling): Sheryl Clossen at 303-904-7261 or [xsap@aol.com](mailto:xsap@aol.com).



## THANK YOU

to **OUR HELPERS** and **COUNSELORS**  
who have assisted with all of the Horse Camps!

*Morgan	*Rachel	*Jordan
*Kelsey L.	*Erika	*Ali
*Sally	*Amy	*Jen
*Addie	*Lauryn	*Lexi
*Isabel	*Kelsey T.	

**And to our camp instructors:**

\*Alexia \*Rachel \*Kristin \*Paula

## REMINDERS!

**\*\*Please BE ON TIME to your lesson!! We cannot offer extra time if you arrive late. \*\***

**\*\*For your convenience, a black PAYMENT BOX is now hanging in the alleyway. No**

**\*\*Make-up lessons must be completed in the SAME MONTH with the SAME INSTRUCTOR.**

**\*\* 48 HOUR NOTICE is required for planned absences**

**\*\*\*Coming up in August!\*\*\***

## **HORSE SHOW CLINIC** **for competitive riders**

Learn the intricacies of:

- How to braid for a show
- Proper attire for each class
- Jumper class time tables and formats
- Hunter/Equitation – what they really look at
- Learn how to ride jump offs effectively
- Analyze videos of the top international riders
- How to wrap legs for shipping
- Training your body not just your horse
- How to walk distances/lines

Dates: Thursday-Friday, August 7-8, 2008

Times: 10am-2pm (plus a “barnover” aka sleepover at the barn!)

Cost: \$225

**For more information, contact Alexia**  
**at 303-898-3376 or [alexia@lassocommunications.com](mailto:alexia@lassocommunications.com)**